



August newsletter.

Hello and welcome to the latest Sustainable Carlisle newsletter!

Thank you to those who fed back about the change of newsletter format, it was helpful to learn from, and I shall continue with this in-email format as it seems to be the most accessible for our network.

In this month's newsletter we have lots of updates and things to do including,

- > Great Big Green Week
- > Freestall
- > Gardening notes
- > Updates and opportunities in Cumbria and beyond

As ever, if you would like to submit something to our newsletter, please do get in contact with myself.

Best regards,

Katie Lock

Development Worker at Sustainable Carlisle



Great Big Green Week

To kick off Carlisle's Great Big Green Week, Sustainable Carlisle are organising a big event on Saturday 18th September. Happening in the city centre, between 10-2, a variety of local organisations and artists will be welcoming everyone to join us for a fantastic day of engaging information, hands on workshops, and creativity about tackling the climate crisis.

We will have creative workshops, free textile repairs, interesting discussion about local sustainability and COP 26, artists presenting climate themed work, sustainable items to purchase, outreach from other local organisations, musicians and speakers as well as much more.

All are welcome to come along to learn and experience how we can tackle the climate crisis within our community.

We have an official Facebook event for our Great Big Green Week opening event! Please do have a look, tell others and share this event. The more the

merrier at this event as well as throughout the week of national climate action.
[For the Facebook event, click here!](#)



Freestall is happening this Saturday!

Our Freestall is on this Saturday at the Farmer's Market in the lovely Cathedral grounds, 9am-1pm.

The Freestall is one of many similar experimental projects replicated in towns and cities across the land as an exercise to reduce waste, challenge consumerist ways of living and as a way to create conversation with the general public.

Donations of unwanted things for the stall are always warmly appreciated, please just bring along with yourself on the day. If you have a quantity of things and are unable to donate on the day, contact katie@sustainablecarlisle.org and we will do our best to arrange something.

With thanks as always to our volunteers on the stall - if you are interested in joining our wonderful group of volunteers, please do get in touch!



Gardening Notes for the month

This newsletter our gardening notes look into September and about harvesting, preserving produce and storage.

[Read the full article here!](#)

Jobs for September

- Lift main crop potatoes.
- Sow hardy, overwintering green manures where crops have been lifted. But do it asap! Cumbria is far north and temperature and day length are diminishing fast.
- Sow hardier salad crops for winter use under shelter – a cold greenhouse, poly-tunnel or frame.
- Plant out spring cabbages.
- Keep squashes and pumpkins off the wet soil by slipping a flat stone underneath the fruit. This should prevent rot.
- Collect pea and broad bean seed, and store.

Many thanks for the content goes to one of our network members.

Cumbria and beyond updates

A fun new green job opportunity at CaFS - Youth Projects Coordinator

[Find out more and how to apply by clicking here.](#)

Don't forget to check out the **CaFS events page**, there are some great things happening in person and online! <https://cafs.org.uk/events/>

Morrison's are launching a new initiative for our local schools to register to receive free gardening equipment.

From Monday 6th September to Sunday 24th October for every £10 spent in store, customers with a My Morrison's card/account will receive 1 Grow Token. These tokens can then be donated to a registered school. From 1st November schools will be able to redeem their Grow Tokens against a wide variety of gardening equipment. Terms and conditions apply.

Schools need to register at www.itsgoodtogrow.co.uk. Registration is open now.

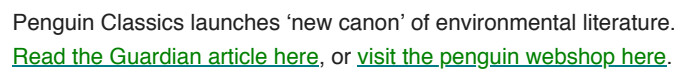


Do you or someone you know have what it takes to be a #OneStepGreener Ambassador?

In the lead up to COP26 they will be working with 26 #OneStepGreener Ambassadors; the extraordinary, everyday, people who are going above and beyond for the climate. #OneStepGreener Ambassadors symbolise the very best in UK climate leadership and will inspire the public to follow in their footsteps ahead of COP26.

#OneStepGreener Ambassadors will become the voice of the UK public on

Find out more and apply (by 3rd Sep) here - <https://together-for-our-planet.ukcop26.org/onestepgreener-ambassadors/>



Full details at bats.org.uk/batfest

The Bat Conservation Trust are celebrating 30 years of protecting these magnificent creatures with lots of great events to join in with! Find out more and for the zoom details go to their website here... <https://www.bats.org.uk/our-work/conferences-symposia/bat-fest>

Thank you for reading through our newsletter, don't miss a thing by also following us on our social media channels - via [Facebook](#), [Twitter](#) or [Instagram](#).

We are a network of people and projects in Carlisle, that want to make our city more sustainable for ourselves and for following generations. We wish to help create a peaceful, vibrant, resilient future based on common sense, ecological wisdom and social justice.



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