

# Cycling UK's Risk Assessment Guide



**Cycling UK recommends carrying out a risk assessment for any activity that involves members of the public, such as a registered event. The generic hazards below may influence the health and safety of riders and volunteers at a cycling event. Please complete the sections on page 2 with details of any specific hazards and the measures put in place to control them. Keep this form for your records in the event of an incident.**

## Hazard

## Control Measures

Riders' equipment, health and stamina

Riders are fully informed as to the likely demands of the activity and the equipment required for it ahead of the event.

Event terrain/road type

Detailed information about the likely conditions is given in advance so riders know what to expect.

Adverse weather

Riders should be warned before the start about any likely adverse weather. If extreme weather is forecast, organisers should consider cancelling the event.

Other road/trail users

Plan routes away from busy roads/trails where possible. Explain road etiquette or specific difficult sections in advance. Riders are responsible for their own safety, however at all times.

Highway design or maintenance, trail features and obstacles

Ride the route beforehand, ideally near to the date of the event, and point out any specific hazards on details or at start. Provide alternatives where possible.

Other hazards

Risk assess and list any additional control measures separately below. Keep for your records in case of an incident at the event.

# Cycling UK's Risk Assessment form



Please list and grade any identified hazards based on the likelihood of an incident occurring by the severity of any possible outcome (=risk x severity). See example in line 1. Add extra sheets as required.

Event name:  Location:

Date:  Event Organiser:  Event type:   
(eg randonee, hill climb etc)

Distance:  Approx number taking part:  Cycling UK registered:

Hazard	Risk <small>1=low to 3=high</small>	Severity <small>1=low to 3=high</small>	Total <small>(RxS)</small>	Location	Control measures/alternatives	Warning given
<b>EXAMPLE</b> Deep pothole	2	3	6	Bottom of Hare Lane	Circled in white	At rider briefing

# Cycling UK's Risk Assessment form additional sheet



Please list and grade any identified hazards based on the likelihood of an incident occurring by the severity of any possible outcome (=risk x severity). See example in line 1. Add extra sheets as required.

Hazard	Risk 1=low to 3=high	Severity 1=low to 3=high	Total (RxS)	Location	Control measures/alternatives	Warning given